Tool for Transition from Perinatal Care to Primary Care: The "OB Checklist"

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Care of the HIV-positive pregnant woman can be complex. To assure that not only has each client received "routine" prenatal care but has also been given HIV-specific care, the Harris County Women's Program in Houston, Texas, has developed a flow sheet, the "OB checklist," that:

- 1) is used by physicians and nurse practitioners to follow each client's pregnancy, and
 - 2) summarizes the prenatal course for the subsequent primary care provider.

It helps ensure that each woman 1) is counseled about partner notification and safer sex, 2) has had all of the recommended blood tests, 3) has initiated highly active antiretroviral therapy (HAART), 4) receives appropriate vaccinations, and 5) is connected with an HIV specialist primary care provider postpartum.

At the time of the six-week postpartum check-up, each client is given a copy of the OB checklist to take to her primary care doctor or nurse practitioner. The practitioner thus has a summary of the last 6 to 9 months of care.

Special Women OB	Checklist		Name	
History y/o	G P	LMP_	EDC	
			Source	
Abnormal 1	Paps	H/O STD:	s Cond	lom Use
☐ Meds prior to pre	gnancy			
Partner: Aware of h	er status? 🗆 `	Yes □ No	HIV+?	\square Yes \square No
Tested?		Yes □ No	In physician's care?	\square Yes \square No
☐ Prenatal vitamins				
☐ Initial OB/HIV lal	bs	Date		
Hct/MCV	WI	BCP	lts Rubella I	NI RPR
			HAV	
Hgb e'phores	sis Bloc	od type A B A	B O Rh pos neg R	RhAb pos neg
Toxo IgG	U/A	_ C&S <i>U</i>	UDS What	Refer 🛭
			_ Other	
Initial/Follow-up lab				
Date				
VL				
Bun/Cr				
Other		<u> </u>		
☐ PPD Negative				
_	•	_	ve (+ for NTD?Down?	-
		H or h/o GDM	or macrosomia)	
☐ Genetic counseling				
			3 hour GTT/_	//
If indicated, □ RhAb Negative Positive			_	
☐ Contraception pla	ns		_ □ BTL consent I	Date
☐ 34 weeks: Copy o	f prenatal red	cords to patient	t	
☐ 35-37 weeks: Gl	BS culture	Negative Po	sitive	
\square Ultrasound				
Date	EGA	EDC	Other	
Vaccinations/Dates				
Hepatitis A #1				
_		#3		
	Flu_	Tet	anus	
Medications in preg	•		G # 1	
			Confirmed start	
			Confirmed start	
			ID#	
☐ City of Houston no		Date		
			Meds \square continue \square	
□ Copy of OB √list a	and PP visit n	ote to PCP	TSC	□ NW □ Other